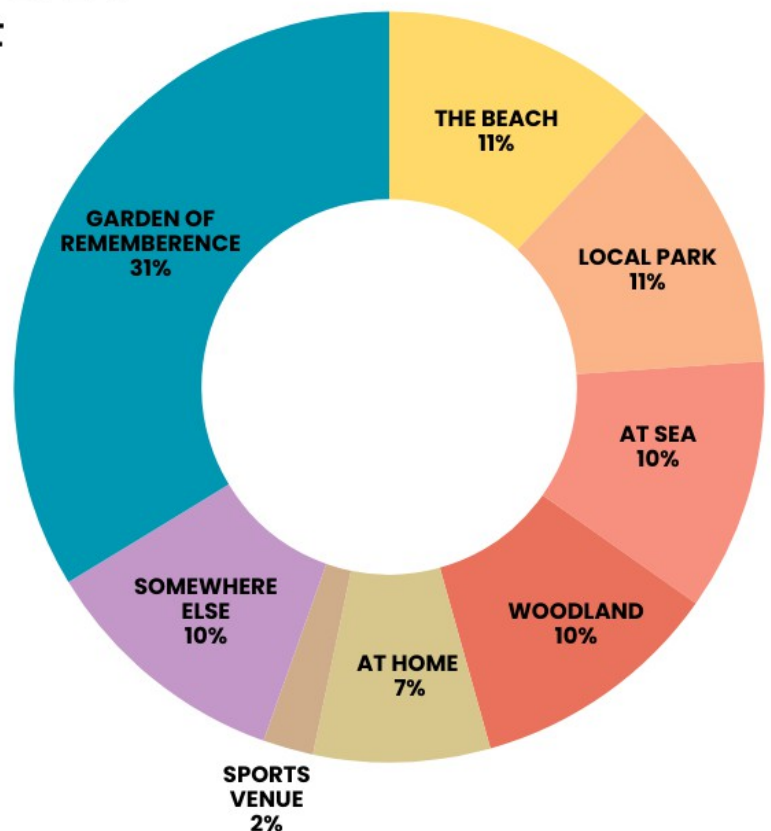


Options for Ashes: Scattering and Keepsakes

When a loved one passes away, one of the most difficult decisions can be what to do with their ashes. In the UK, there are several options available, each with its own unique benefits and considerations. In this article, we'll explore the most popular choices, including scattering and keepsakes, to help you make an informed decision.

CREMATION

SCATTERING OF ASHES



Sun Life Survey 2024

Scattering Ashes

Scattering ashes is a popular choice for many families, allowing them to return their loved one to nature. There are several options for scattering ashes in the UK:

- **Garden of Remembrance:** Many crematoria have a Garden of Remembrance where ashes can be scattered.
- **Cemetery or Churchyard:** Ashes can be scattered in a designated area within a cemetery or churchyard.
- **Natural Environment:** Ashes can be scattered in a natural environment, such as a beach, forest, or mountain.
- **Sea Scattering:** Ashes can be scattered at sea, either from a boat or from a coastal location.

Keepsakes

While scattering ashes can be a beautiful way to say goodbye, some families prefer to keep a portion of the ashes as a keepsake. There are many creative and meaningful ways to do this:

- **Urn or Casket:** Ashes can be stored in a decorative urn or casket, often made of wood, metal, or ceramic.
- **Jewellery:** Ashes can be incorporated into jewellery, such as pendants, rings, or earrings.
- **Keepsake Boxes:** Ashes can be stored in beautifully crafted keepsake boxes, often adorned with engravings or photos.
- **Tree Planting:** Ashes can be mixed with soil and used to plant a tree, creating a living memorial.

Other Options

In addition to scattering and keepsakes, there are several other options to consider:

- **Burial:** Ashes can be buried in a cemetery or churchyard, often with a headstone or memorial.
- **Niche or Columbarium:** Ashes can be stored in a niche or columbarium, often within a crematorium or cemetery.
- **Splitting Ashes:** Ashes can be divided among family members, allowing each person to keep a portion as a keepsake.

Conclusion

Deciding what to do with your loved one's ashes is a personal and emotional decision. By considering the options available, you can choose a method that resonates with your family's values and needs. Whether you choose to scatter ashes, create a keepsake, or opt for another method, remember that the most important thing is to honour your loved one's memory in a way that feels meaningful to you.